

# Bupa x YuLife: The Everyday Health Cash Plan



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Membership type	Level 1	Level 2	Level 3	Eligibility	% of benefit paid
<b>PROTECT: Trusted, reliable cover for everyday health expenses</b>					
Dental (routine)	Up to £60	Up to £120	Up to £200	for each member covered	100%
Dental injury	Up to £200	Up to £300	Up to £400	for each member covered	100%
Optical	Up to £60	Up to £120	Up to £200	for each member covered	100%
Therapies includes physiotherapy, osteopathy, chiropractic acupuncture, and chiropody/podiatry	Up to £150	Up to £300	Up to £500	for each member covered	100%
Consultations and diagnostic tests or scans	Up to £200	Up to £300	Up to £500	for each member covered	100%
Prescriptions, vaccinations and flu jabs cash back	Up to £25	Up to £35	Up to £45	for each member covered	100%
Health assessments face to face and virtual options for Cancer screening, Menopause Plan, Period Plan and Men's Sexual Function Plan	Up to £100	Up to £150	Up to £200	for each member aged 18 and over	100%
Hospital benefit for inpatient (nights) and day case (days).	£20 for each member per day or night	£30 for each member per day or night	£40 for each member per day or night	for each member covered	treatment up to a combined total of 20 days or nights per benefit year
<b>PREVENT: Easy access to digital tools to prevent issues from escalating</b>					
24/7 EAP telephone helpline with specialist legal, financial, and family support, plus up to 6 face-to-face counselling sessions for Bupa Wellbeing Health Expenses Premier members	✓	✓	✓	all members aged 16 and over	-
Anytime HealthLine 24-hour telephone access to information and guidance on health issues.	✓	✓	✓	for each member covered*	-
24/7 Digital GP service	✓	✓	✓	available to policyholder, cohabiting spouse and dependants up to age 18 (or 21 in full-time education) <i>under 16s require a parent/guardian to attend the appointment with them</i>	-
SkinVision is an AI driven, skin check tool***	✓	✓	✓	available to policyholder and partner** restricted to users age 18+. 5 x 1 day access licenses.	-
Phio, an AI driven, digital musculoskeletal triage support tool***	✓	✓	✓	unlimited access Available to policyholder, partner and child dependants aged 16+	-
<b>ENGAGE: Everyday wellbeing that actually sticks</b>					
Daily Health Challenges employees earn YuCoin for steps, cycling, meditation and more.	✓	✓	✓	available to policyholder and partner	-
Rewards Programme employees donate YuCoin to unlock mystery prizes and rewards	✓	✓	✓	available to policyholder and partner	-
Access to Meditopia, F45, Fiit and Body Coach classes in-app with YuCoin rewards	✓	✓	✓	available to policyholder and partner	-
Discounted Health Club Membership with Hussle	✓	✓	✓	available to policyholder and partner discounts subject to change at anytime	-
Discounted Wellbeing Tech & Services Meditopia, Fiit, Garmin, Fitbit, Withings, MasterClass and BetterHelp	Up to £550	Up to £550	Up to £550	available to policyholder and partner discounts are evergreen and subject to change at any time	-
In-app health surveys unlock personalised health & wellbeing support and interventions	✓	✓	✓	available to policyholder and partner	-
Smoking Cessation Programme to support lasting behaviour change.	✓	✓	✓	available to policyholder and partner	-
<b>EMPOWER: Actionable insights to guide smarter decisions</b>					
On-demand reports to assess company wide engagement, wellbeing activity and social impact	✓	✓	✓	employer only	-
Burnout, Absenteeism and Turnover insights to identify key risks and take targeted action.	✓	✓	✓	employer only requires a minimum of 5 employees and a level of participation of the health questionnaire to display data	-
Customisable Employee Wellbeing Hub to host all of your company benefits	✓	✓	✓	employer and accessible by policyholder	-
<b>Optional add ons</b>					
YuLife Epic upgrade: Upgrade your YuLife experience to include enhanced rewards programme, reward and recognition tooling and employee survey				employer and accessible by policyholder	-

**For more info get in touch:**

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\* Dependents under the age of 16 must be accompanied by a parent or a guardian

\*\* Access provided to policyholder only. Once an account is registered, dependants/spouses can gain access, though this is not advised in the terms of use as it reduces personalisation/quality. Restricted to users aged 18+. Not recommended for skin tone types 5-6 on the Fitzpatrick scale. Geographical restrictions apply (e.g. not available in the US). Typical outcomes are instant; if a further quality check is needed, results are provided within 48 hours.

\*\*\* SkinVision and Phio are AI tools designed to support you, they do not provide a clinical diagnosis. You do not need to use these services to access any of your other Health Cash Plan benefits

Where "available to policyholder and partner" is stated, access for the partner applies only if the partner is included on the Cash Plan policy. Partners can be added via a shareable link with a unique code and, once registered, paid for, and added to the app, can access YuLife Core features and selected third-party digital tools.

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Bupa reserves the right to withdraw or suspend your access to the YuLife add-on at any time where this is necessary to comply with a legal or regulatory obligation or in circumstances where Bupa (at all times acting reasonably) considers this to be necessary or beneficial for you.



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